



## Long Term Care Coordinating Council

Regular Meeting  
December 11, 2013  
10:00 a.m.

RI Council of Community Mental Health Organizations  
40 Sharpe Drive, Suite 3  
Cranston, RI

### DRAFT MINUTES

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Deanna Casey	Bill Flynn	Thomas Marcello
Alison Croke	Tina Spears	Sally Hay
Bonnie Larson	Shandi Hanna	Holly Garvey
Roberta Merkle	Kathleen Heren	Baria Barros
Deb Burton	Bonnie Sekekes	Jim Nyberg
Renee Rulin	Nicholas Oliver	Manny Murray
Virginia Burke	Deb Burton	John Stoukides
Teresa Mota	Cynthia Conant-Arp	Ibrahim Salloum
Raymond Rusin	Rick Gamache	Lynne Harrison
Jennifer Reid	Joan Kwiatkowski	Robert Ingram
Ellen Mauro	Kelly Lee	Martha Machnik
Monique Salvas	Kathleen Kelly	Sadie DeCourcy
Catherine Taylor	Donna Leong	Lt. Governor Roberts

#### 1. Welcome

Lt. Governor Roberts called the meeting to order

#### 2. Approval of minutes

There were suggestions to edit the minutes. They will be amended in the final version of the minutes, which will be uploaded on the Secretary of State's website.

#### 3. Nursing homes update

	Standard	Follow-up	Complaint	SQC
Nov 2013	8	5 (1/4)*	5	0

\*Follow-up inspections: 1 on-site, 4 desk audits based on plan of correction.

Ray Rusin, from the Department of Health, stated that there was no quality of care issues identified. Currently, Cortland Place and Charlesgate are being monitored by the Office of Facilities Regulation because they had previously been cited for substandard quality of care.

On November 20<sup>th</sup>, Charlesgate received an unannounced on-site follow-up inspection; all previous citations were found to be corrected.

On November 7<sup>th</sup>, Cortland Place received an unannounced on-site complaint inspection. The facility was determined to be in substantial compliance with no federal or state citations. Cortland Place also received an unannounced visit from the CMS Boston Regional Office staff; the facilities were not found to be in substantial compliance with the federal standards. They will be continuing the federal monitoring until it has been shown that there is substantial compliance with the regulations.

#### **4. Alzheimer's update**

Director Catherine Taylor, Division of Elderly Affairs, stated that the British Parliament wants to create a global focus on Alzheimer's; Director Taylor would like to commend the work that Rhode Island has done so far to stay ahead of the curve.

She stated that Rhode Island was invited to speak at a webinar event in Washington D.C. to share on a panel the developments from the Rhode Island State Plan.

She also noted that task force meetings will start soon. Contact Donna Leong ([dleong@ltgov.state.ri.us](mailto:dleong@ltgov.state.ri.us)) in order to receive more information.

#### **5. Integrated Care Initiative (ICI) update**

Lt. Governor Roberts gave a brief update on the ICI enrollment numbers. Around 13,000 letters have been sent so far and the opt-out rate is about 9%. There are plans to hold listening sessions across the state in home facilities to talk to consumers.

Alison Croke stated that the state will be entering a three-way contract for the M.O.U.s. She stated that CMS is showing increased flexibility for the regulations on the three-way contract.

#### **6. Older adult falls data and prevention**

Jennifer Andrade Koziol, MPH, Unintentional Injury Coordinator at Department of Health. Jennifer stated that older adult falls are a big public health concern because the impact of falling creates fiscal and emotional burdens on individuals and the state. Often times, older adults are reluctant to discuss falling with their doctors because they believe that their independence would be compromised.

*Please refer to the presentation for detailed data sets.* Many questions were raised by the LTCCC members regarding the definitions of the terms and the classification of the different categories. Jennifer stated that she would be able to answer the questions from

the LTCCC members if they wanted to follow up through email ([jennifer.andradekoziol@health.ri.gov](mailto:jennifer.andradekoziol@health.ri.gov)).

Jenn stated that the Department of Health received a grant to inspect closely where the older adult falls were taking place. The Department of Health has been discussing the potential of creating an Older Adult Falls Coalition (email Jenn for more information).

There is a statewide older adult falls day at the beginning of each autumn that raises awareness. At the event, which is a joint project between the Department of Health and Coastal Medical, night lights are given out and there are pamphlets for prevention techniques.

Martha Machnik, Director of Healthy Aging at YMCA Greater Providence, presented on the Matter of Balance falls management program. The YMCA received grant funding from the Department of Health and Tufts Medical to implement the six-week program, which helps older adults reduce the risk of falling and mitigate the effects of falling, such as social isolation. Matter of Balance classes are targeted to benefit community-dwelling residents and encourage self-home assessment for fall risks.

This six-week program costs \$15 and upon completion of the program, the participants are given a month of free YMCA membership.

## **7. Medical response to older adult falls**

Dr. John Stoukides, M.D., Division of Geriatrics and Palliative Medicine at RWU, presented on the medical response to older adult falls. Dr. Stoukides stated that half of the patients admitted to the emergency room for falls have preexisting visual impairments and balance deficits.

Dr. Stoukides discussed the different programs and non-medical interventions that can be used in order to prevent falls and mitigate side effects. There are often environmental planning changes that can be made in order to prevent some older adult falls. Additionally, there is a ruby slipper program that gives different colored slippers to patients who are more prone to falls; this alerts the professional workforce.

## **8. Public comment**

No public comments

## **9. Next meeting**

Wednesday, January 8 from 10-11:30 am at Child and Family Services (1268 Eddy St. Providence).

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RICCMHO is accessible to persons with disabilities. Individuals requesting interpreter services for the hearing impaired or needing other accommodations, please call 401-222-2371 and ask for Donna Leong or email her at [dleong@ltgov.state.ri.us](mailto:dleong@ltgov.state.ri.us) at least 48 hours in advance of the meeting.